



Small Group Discussion

The Week of:

Sept. 30, 2026

What's your life like:

What's a high and low from your week?

What are we talking about this week:

Main Point of Message:

- We are in the middle of a series called "YOU ARE HERE," which has been all about the times in life when you find yourself somewhere you don't really want to be, having to do things you don't want to do, or facing situations that you did not choose. And, we have been learning how to do this by looking at the behavior of a group of people called the Israelites who are living in exile – taken away from their homeland and forced to live as foreigners in the city of Babylon – they're in a circumstance they didn't want to be in and yet God was still faithful and purposeful with his mission. Tonight, we're zeroing in on verses 8-10! The focus is spotting lies and replacing them with God's truth!

Bible Verses

- Jeremiah 29: 4-13, Jeremiah 29: 8-10, John 8: 32

Discussion Questions

1. Who do you go to when life is challenging?
2. Are the voices in your life pointing you towards God's truth or away?
3. Do you find that you are more likely to seek out advice from people who will tell you what you want to hear or from people who might bring wisdom that moves you in the other direction?
4. How often do you use social media to influence your decisions?
5. What is one lie you believe about yourself because someone either said it to you or because you've always thought of yourself in that way?

Now what:

- We replaced a lot of lies with truth tonight. Looking back at your answer to question number 5, I want you to find a bible verse on your own time that could replace the lie you believe about yourself.
 - o An easy way to do this is to search, "give me all the bible verses that could help me deal with _____." Insert words like, "worry," or "anxiety," "loneliness" or "not being good enough."