

The Week of:

Sept. 23, 2026

What's your life like:

On a scale of "barely holding on" to "totally on top of it," where's your life at right now, and what's the biggest thing pulling you toward one end or the other?

What are we talking about this week:

Main Point of Message:

We're in week 2 of our series "You Are Here." Last week we talked about how you're sent, not stuck, even in the places you didn't choose. This week we're building on that: God doesn't just want you to survive your circumstances, He wants you to thrive in them. We're looking at the same passage from Jeremiah, where God gave the exiled people of Israel instructions for how to actually thrive in a place they never wanted to be.

Discussion Questions: Key Scripture: Jeremiah 29:5-7

1. Before we read the passage, what does "survival mode" look like for you in a normal week? What are the signs you've slipped into it?
2. Let's read Jeremiah 29:5-7 together out loud, taking turns by verse.
3. The first instruction is to work hard, to build homes and plant gardens instead of just waiting out the exile (v. 5). Where in your life right now are you tempted to just "wait it out" instead of actually putting in effort? What would it look like to treat that work as worship instead?
4. The second instruction is about investing in the right relationships (v. 6). Think about how you spend your time and attention day to day. What's one relationship in your life right now that's worth investing more time and intentionality into?
5. The third instruction is to work for the good of the very place you are in (v. 7). What's one place in your life, a class, a team, your home, where it would be hard to "work for it's good" right now? What would it look like to do it anyway?

Now what:

- Pick the one of the three (work hard, invest in relationships, leave it better than you found it).
- Do one concrete thing this week to act on it, put in real effort on something you've been coasting through, reach out to someone worth investing in, or do something that makes your school, team, or home a little better.
- Come back next week ready to share what you did.