GROUND ZERO

Small Group Discussion

The Week of: Nov. 4, 2026

What's your life like:

What's the most embarrassing thing that's ever happened to you in front of a crowd?

What are we talking about this week:

This week we talked about how the only way to get to know someone is to spend time with them. And we talked about three ways to spend time with God: in his Word, in prayer, and at church.

Bible Verses:

- "And this is the way to have eternal life—to know you, the only true God, and Jesus Christ, the one you sent to earth." John 17:3

Discussion Questions

1. Read 2 Timothy 3:16, 1 Thessalonians 5:16–18, and Hebrews 10:24–25 out loud, taking turns by verse.
2. 2 Timothy 3:16 says Scripture is "inspired by God," which literally means "God-breathed." If the Bible is God actually talking to you, how should that change the way you read it?
3. 1 Thessalonians 5:17 says to "never stop praying." What would it look like to stay connected to God during a normal day at school, practice, or home? What makes it hard to talk to God?
4. Hebrews 10:25 says not to stop meeting together. Why do you think spending time with God together feels different than spending time with him alone? What usually pulls you away from showing up?
5. Of the three ways we talked about (reading the Bible, praying, and going to church), which one is easiest for you right now? Which one is hardest? Why?
6. If someone looked at your schedule from the last week, what would it say about how much time you spend with God? What's one thing you'd want to change?

Now what:

Make a plan to spend time with Jesus this week. Write down three things: when you'll read your Bible (a plan in the Eagle Brook app, a YouVersion devotional, or a chapter of Proverbs a day), when you'll pray (first thing in the morning, before bed, or in a prayer journal), and which night you'll be at Ground Zero. Share your plan with your group now, and come back next week ready to tell how it went.